Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Tuesday, August 19, 2025

Layers

The physical body/emotional body/mind is within the Soul. The Soul is within Spirit. Spirit is within God. Each of these are a ring pass not where the lower frequency has to match the higher frequency to pass through the rings. We are the lower frequency and we surrender to the higher frequency of the Higher Self and this is called ascension.

- August 19, 2025

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Light body
Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)
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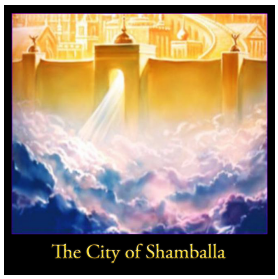

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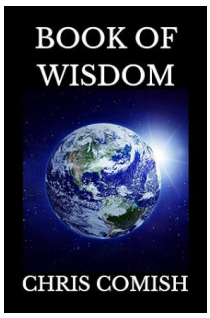

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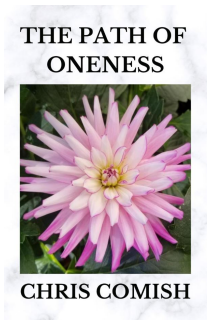

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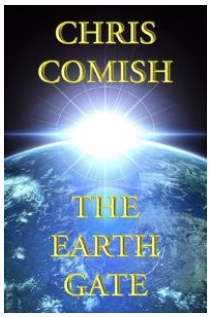

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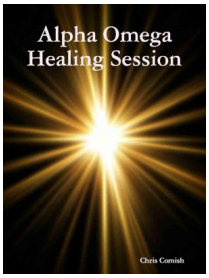

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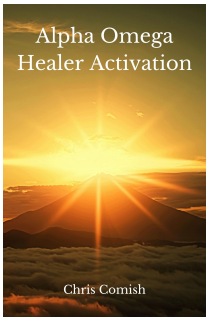

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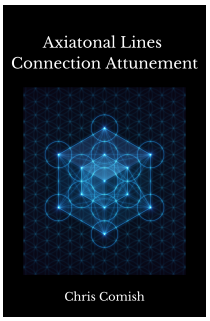

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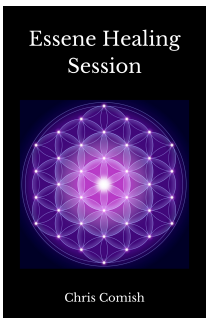

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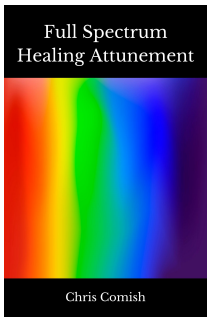

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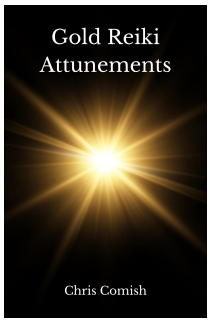

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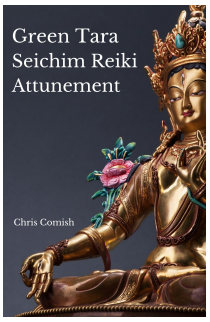

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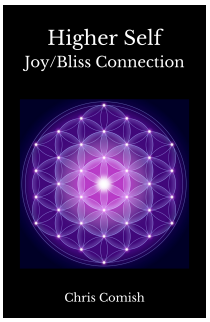

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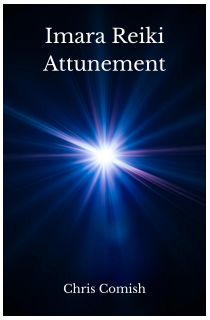

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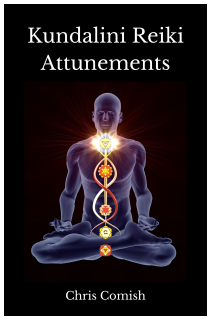

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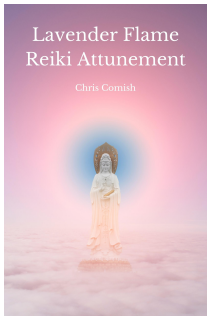

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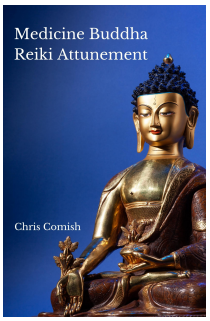

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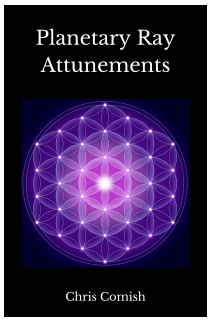

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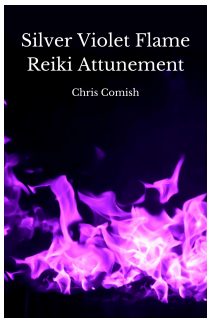

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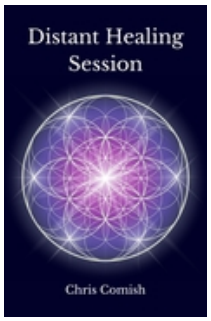

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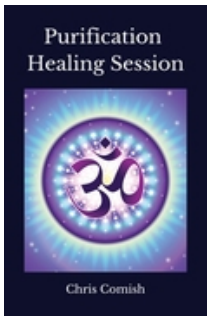

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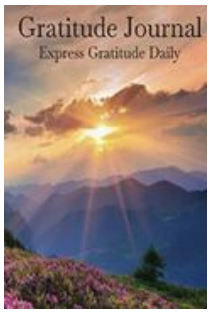

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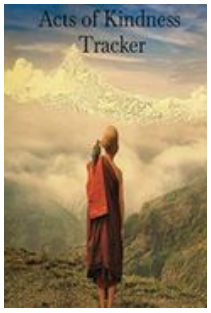

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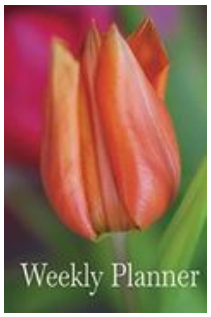

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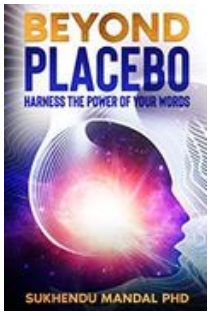

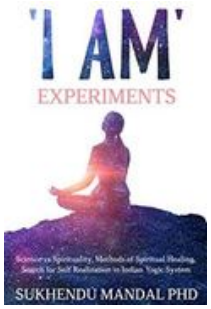

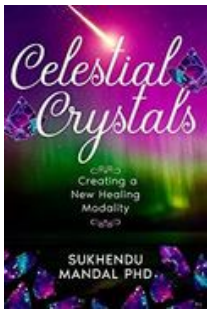

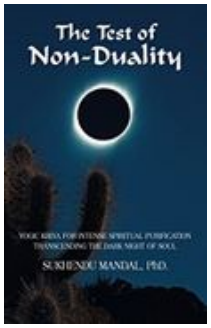

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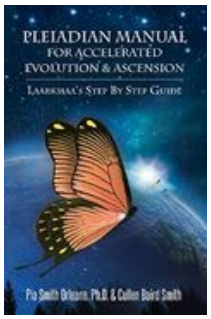

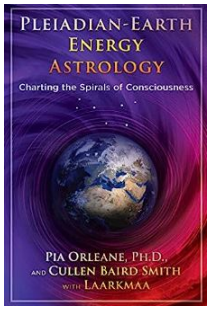
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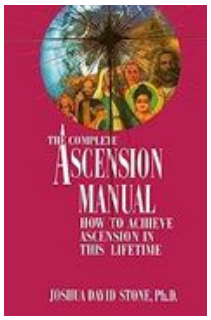
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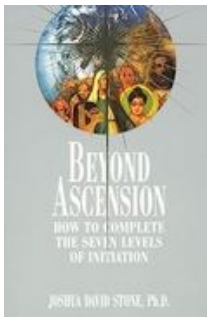
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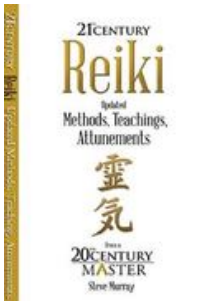
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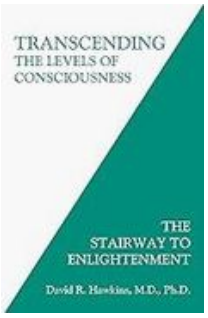
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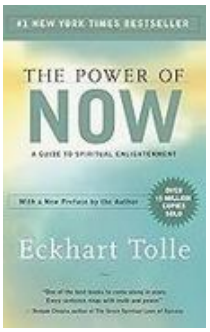
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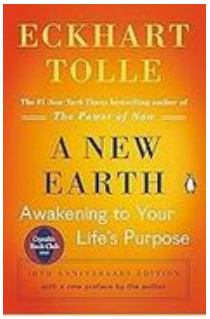
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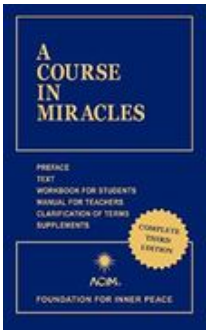
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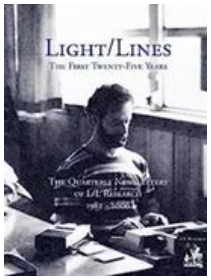
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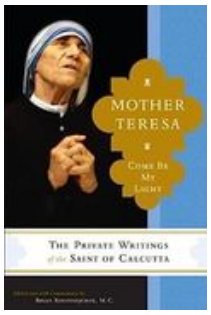
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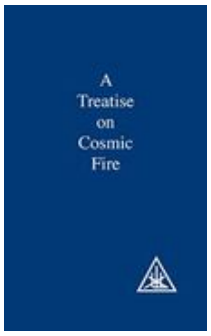
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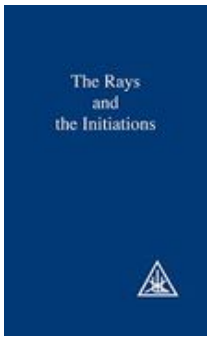
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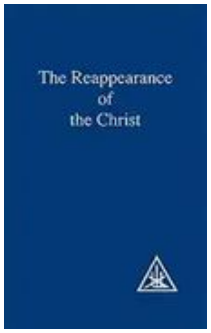
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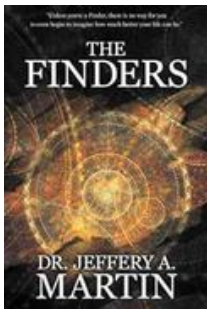
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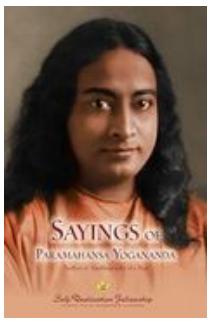
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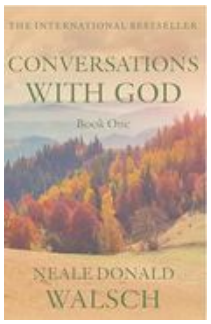
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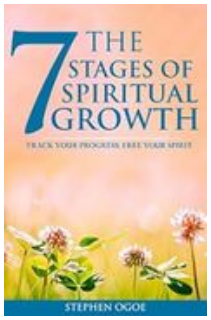
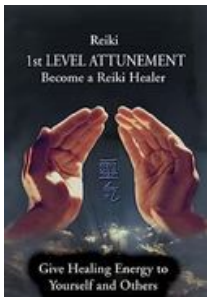
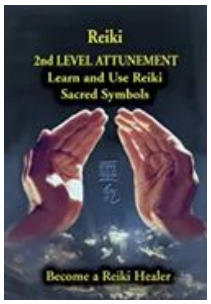
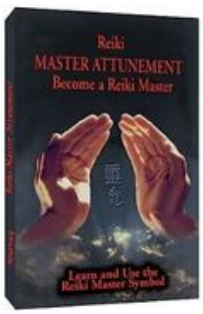
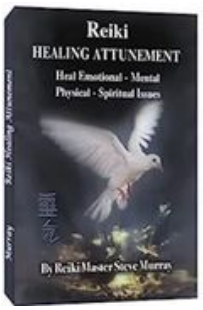


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
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